

Take part in an on-line Research Study

Stories in the Moment: dance program for people living with dementia

1

Are you a **person who lives with dementia** or is caring for someone with dementia?



2

You opinion and experience matters!
Help us better understand how dance programs designed for people living with dementia can support their well-being! Help us shape the future of dance programs for people living with dementia!



3

You are invited to join in a **dance program for people living dementia**.
The program will meet **online for 1 hour, once a week for 12 weeks**.



4

You will be **invited to answer some questions about your wellbeing** before and after joining the dance program.



5

You will also be invited to join with other participants for an **online discussion to share your reflections on the dance program**.



The purpose of this research study is:

to better understand how the dance program *Stories in the Moment* supports the quality of life and wellbeing of people living with dementia and their care partners.

Part 1

You will receive a phone or video call from a researcher to answer some questions about your well-being before joining the dance program. **This will take around 20 minutes.**

Part 2

You will be invited to join the dance program *Stories in the Moment*. This class will meet online via Zoom for 1 hour every week for 12 weeks. **This will take around 12 hours in total.**

Part 3

You will be invited to join a discussion with other participants to share your reflections on joining the *Stories in the Moment* program. This will happen online via Zoom. **This will take around 60 minutes.**

Part 4

You will receive a phone or video call from a researcher to answer some questions about your well-being after joining the dance program. You will also be asked to offer your feedback on your experience. **This will take around 40 minutes.**



Interested?

Please contact Magda Kaczmarek at magda.kaczmarek@gbhi.org or fill out this short form to receive an email from a member of our team. **CLICK HERE ->**



This research study is being conducted by researchers sponsored by the Global Brain Health Institute, Alzheimer's Association and Alzheimer's Society UK and has been granted ethical approval by Pearl Institutional Review Board (IRB).

