

STORIES IN THE MOMENT VIRTUAL EARLY-STAGE PROGRAM

We have partnered with STORIES IN THE MOMENT® to offer a virtual dance program, which provides a safe environment to express yourself and engage with peers.

Twelve-Week Virtual Dance Program for Individuals Living with Early-Stage Dementia or MCI, Care Partners Are Also Welcome

Connect with others impacted by early-stage Alzheimer's, another dementia, or MCI for this 12-week online dance series. Amplify your voices and discover new ways to tell your stories, through dance and movement, as well as words. Each week, community dance artist Magda Kaczmarek will lead creative explorations to create our own thematic dance stories.

Activities can be done seated or standing. No prior dance experience required.

Optional: Participants who join this mini-series are also invited to join an optional research study on the benefits of dance for people living with dementia. Supported by the Alzheimer's Association, Global Brain Health Institute and Alzheimer's Society UK, this research study seeks to understand how dance programs like Stories in the Moment support the quality of life and wellbeing of people living with dementia and care partners.



alz.org/nyc | 800.272.3900



Meets weekly on Fridays
Dates: 12/1/23 - 2/16/24



Time: 1:00 - 2:00 p.m.



Location: Zoom



FREE

A pre-registration screening interview is required. Contact Roni Kersey at 646.651.4717 or rrkersey@alz.org.

