## Take part in an on-line Research Study

### **Stories in the Moment:**

dance program for people living with dementia



Are you a person who lives with dementia or is caring for someone with dementia?



You opinion and experience matters!

Help us better understand how dance programs designed for people living with dementia can support well-being!

Help us shape the future of dance programs for people

living with dementia!



You are invited to join in a 12 week online dance program for people living dementia.





You will be invited to answer some questions about your wellbeing before and after joining the dance program and an online discussion with other participants after the program.

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#### The purpose of this research study is:

to better understand how the dance program *Stories in the Moment* supports the quality of life and wellbeing of people living with dementia and their care partners.

# Visit bit.ly/SITMLearn to learn more



#### Interested?

Please contact Magda Kaczmarska at magda.kaczmarska@gbhi.org or fill out this short form to receive an email from a member of our team.



This research study is being conducted by researchers sponsored by the Global Brain Health Institute, Alzheimer's Association and Alzheimer's Society UK and has been granted ethical approval by Pearl Institutional Review Board (IRB).







